

## Smoking

Foyle Hospice is a non-smoking facility and as such has a restricted smoking policy, in compliance with government regulations. Patients can only smoke outside Day Hospice at the designated area and staff will direct patients to this area. We ask patients to respect the No Smoking signs located throughout the building and grounds. We would also ask that you respect our gardens and pathways by discarding cigarette ends and empty packets in the bins provided.

## Matters of Concern

At Foyle Hospice we welcome all types of feedback. Whether complimentary or if you or your carer are unhappy about any aspect of our service, your care or would like to suggest improvements, please inform a member of staff who will always be willing to discuss your concerns or comments. Please be aware that Foyle Hospice has a Formal Complaints Policy and Procedure and a copy can be made available upon request.

### Foyle Hospice

61 Culmore Road, Derry/Londonderry BT48 8JE  
Telephone 028 71351010

Charity Registration No. XN76407



### Mission Statement

To provide compassionate palliative care to individuals with a life-limiting illness, their families and carers through high quality, specialist, holistic support.

### Vision Statement

Working in collaboration with our supportive community, we will strive for excellence and seek innovation in providing specialist, multi professional, palliative care to patients, their families and carers in the hospice and in their own homes.

Telephone (028) 71351010  
[www.foylehospice.com](http://www.foylehospice.com)  
E: [care@foylehospice.com](mailto:care@foylehospice.com)

print 02871267509/02871279439

# Day Hospice Services

## Information for Patients



For the Community, by the Community



Day Hospice provides specialist palliative care for patients with life limiting illnesses. This holistic care is individually tailored to the needs of patients, families and carers. It is provided by dedicated and compassionate nursing staff, support staff and volunteers. Our holistic philosophy helps create an atmosphere whereby the physical, psychological, social and spiritual needs of patients are addressed. Patients are also provided with the opportunity to meet other patients in similar situations and gain support, strength, comfort and friendship from one another.

## Referrals to Day Hospice specialist service are made through:

- The patient's General Practitioner or Specialist Nurse.
- Consultants and/or Hospital Palliative Care Team.
- Foyle Hospice's Community Specialist Nursing Team
- Foyle Hospice's In-Patient Unit

## Referral Criteria

- A diagnosis of a life limiting medical condition
- Pain and other symptoms
- Physical, psychological, spiritual and social support
- Family and/or carer stress or exhaustion



Our Day Hospice facility opens three days per week - Tuesday, Wednesday and Thursday, and patients normally attend from 10:30am until 3:30pm

Both patients and their families are welcome to come and have a look around initially and will have the opportunity to talk to staff. This may help them to decide if Day Hospice is suitable and appropriate to their needs and expectations. To arrange a preliminary visit please contact a member of the Day Hospice team by telephone on 028 71351010. We will be happy to make an appointment to visit any time Tuesday, Wednesday or Thursday between the hours of 9am and 4:30pm.

All patients will have a comprehensive, individualised assessment on their first visit and if Day Hospice is suitable, they will be offered a place one day per week for 8 weeks.

## Meals

All food and drinks at Day Hospice are provided free of charge. If you have any specific dietary requirements or known allergies e.g. diabetic diet, coeliac, lactose intolerant, vegan, vegetarian, liquidised etc., please inform staff, so we can advise our catering team accordingly.

## Transport

Limited transport can be provided to attend Day Hospice services if necessary. If for some reason you are unable to attend on any particular day, please let us know as soon as possible, or before 9:15am on the day you would normally attend. If you are unable to contact us yourself, please ask a family member or carer to notify us.

## Day Hospice provides a range of services

- Management of pain and other symptoms
- Provision of psychological, emotional, social and spiritual support
- Opportunity for regular review and assessment of the patient's condition
- Nursing Procedures
- Breathlessness information and support
- Sitting Yoga
- Reminiscing and mindfulness
- Tai-Chi and relaxation classes
- Carers support and wellbeing Programme
- Acupuncture
- Beauty Treatments and Hairdressing
- Art Class/Arts and Crafts class
- Complementary therapies including aromatherapy, reflexology and Reiki

## Your Medication and Your GP

- Each time you attend Day Hospice, please bring with you ONLY the medication you require during the day.
- You will be responsible for remembering your medication and for their safe keeping
- While attending Day Hospice you will remain under the care of your GP and the hospital consultant
- Should you find you are unwell between visits to Day Hospice, you should contact your GP
- Please do not hesitate to ask for help about any aspect of the care or services provided. We are here to help you, your family and carers.
- Please remember to bring items that you might require; handbag, house keys, spectacles, toiletries, hearing aids, medicines etc. We would request that you leave valuable items such as jewellery, money etc. at home as Foyle Hospice cannot accept liability for any loss or damage to personal items.